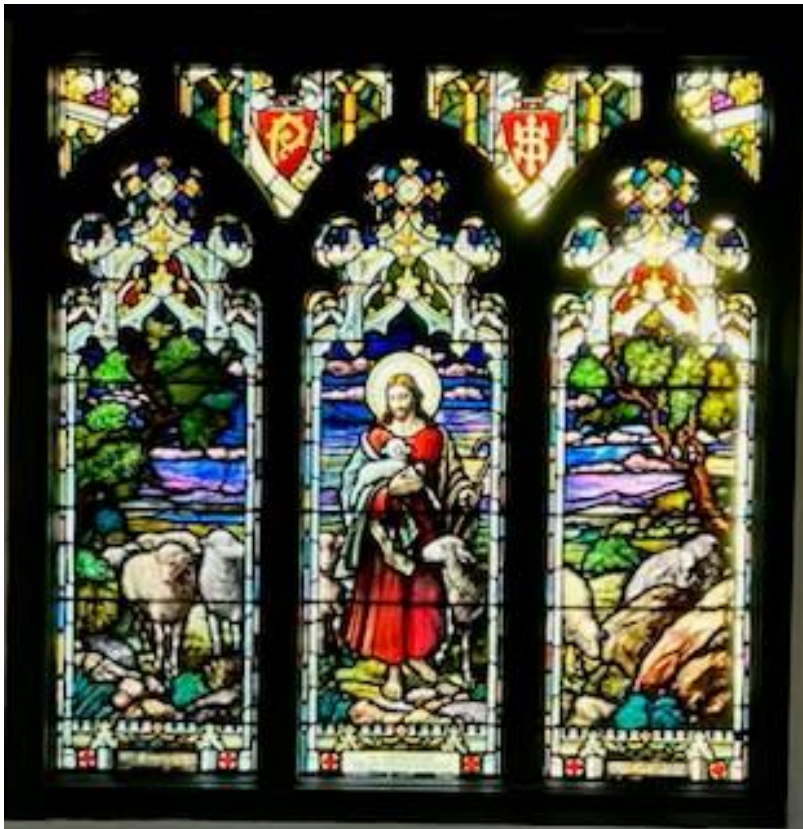


# CHURCH OF THE GOOD SHEPHERD

*A Member of The Episcopal Diocese of Massachusetts*



## THE HOLY EUCHARIST Fourth Sunday after the Epiphany

Sunday, January 28, 2024

10:00 AM Rite II

*Join us on Facebook as we live stream this Eucharist:*

[www.facebook.com/cgsreading/live/](https://www.facebook.com/cgsreading/live/)

*Wherever you are on your journey with God or toward God, you are welcome here!*

# LITURGY OF THE WORD

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Prelude

A Strong Tower

Cindy Berry

Welcome

Gathering Hymn

O Love, How Deep, How Broad

Hymnal #448

Opening Acclamation

**Presider:**

Blessed be God: Father, Son, and Holy Spirit.

**People:**

**And blessed be God's kingdom, now and forever. Amen.**

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Refrain

## GLORIA



## Collect of the Day

Presider: The Lord be with you.

**People: And also with you.**

Presider: Let us pray:

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Reading: *Deuteronomy 18:15-20*

A Reading from the Book of Deuteronomy

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: "If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die." Then the LORD replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

The Word of the Lord

**Thanks be to God**

## Psalm 111

Hallelujah!

I will give thanks to the LORD with my whole heart, \*  
in the assembly of the upright, in the congregation.

**Great are the deeds of the LORD! \***  
**they are studied by all who delight in them.**

His work is full of majesty and splendor, \*  
and his righteousness endures for ever.

**He makes his marvelous works to be remembered; \***  
**the LORD is gracious and full of compassion.**

He gives food to those who fear him; \*  
he is ever mindful of his covenant.

**He has shown his people the power of his works \***  
**in giving them the lands of the nations.**

The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

**They stand fast for ever and ever, \***  
**because they are done in truth and equity.**

He sent redemption to his people;  
he commanded his covenant for ever; \*  
holy and awesome is his Name.

**The fear of the LORD is the beginning of wisdom; \***  
**those who act accordingly have a good understanding;**  
**his praise endures for ever.**

Second Reading: *1 Corinthians 8:1-13*

A Reading from First Letter of Paul to the Corinthians

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord

**Thanks be to God.**

## Gospel Acclamation

## Alleluia



Gospel: *Mark 1:21-28*

The Holy Gospel of our Lord Jesus Christ according to Mark  
**Glory be to thee, O Lord**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

**Praise to you, Lord Christ.**

**Sermon**

The Rev. Sarah A. Conner

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

## Prayers of the People

*Form III BC*

Leader: Let us joyfully offer our prayers to the Lord:

Father, we pray for your holy catholic Church; **That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for Michael, our Presiding Bishop, Alan and Carol, our Bishops, Martha, our Regional Canon, Sarah, our Interim Priest, and for all the clergy and people.  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Let us pray for our own needs and those of others. We remember especially those on our parish prayer list. Lord in your mercy, **Hear our prayer.**

We give special thanks for those in our parish family who are celebrating birthdays this week: Mark Hank, Bob Sorrentino, Kathryn Ines, John Parsons, and those celebrating wedding anniversaries this week: Paul and Ginny Marlin.  
Lord in your mercy, **Hear our prayer.**

Give to the departed eternal rest. We remember Gil and Ginnie Adams, Ralph and Dorothy Barron, and Bob and Lu Howard, in whose memory the altar flowers are given, and Deceased members of the Church of the Good Shepherd, in whose memory the Sanctuary Lamp is lit. **Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**



*The Presider adds a concluding collect*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. *Amen.*

### **Confession of Sin**

Presider: Let us confess our sins against God and our neighbor.

*Silence is kept*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Presider: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace**

Presider: The peace of the Lord be always with you.

**People: And also with you**

# LITURGY OF THE TABLE

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## Invitation:

*Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.*

## Preparation of the Table

Many the Lightbeams

A. D. Miller

**Doxology: Praise God From whom all Blessings Flow**

**Hymnal #380, Vs. 3**

## The Great Thanksgiving

*Eucharistic Prayer B*

Presider: The Lord be with you.

**People: And also with you.**

Presider: Lift up your hearts.

**People: We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

**People: It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## Sanctus

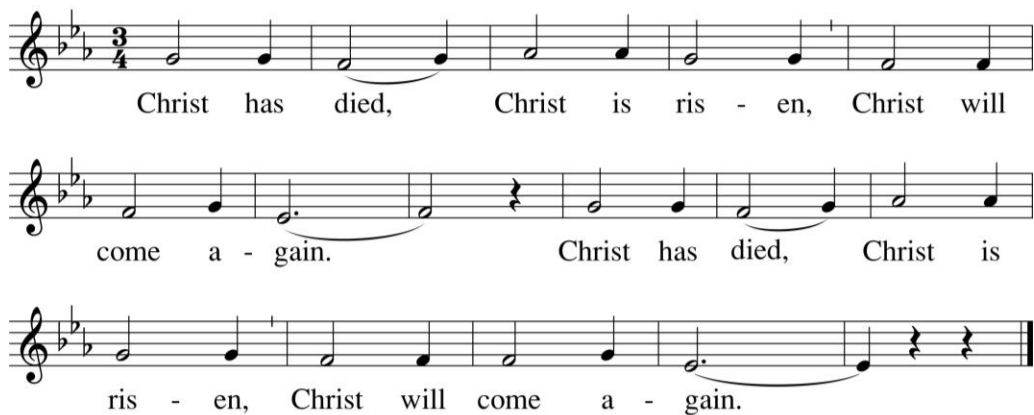
**Holy, Holy, Holy**

**Hymnal #S130**

We give thanks to you O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made

us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, we proclaim the mystery of faith:



And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



And now, as our Savior Christ has taught us, we are bold to say,

### **The Lord's Prayer**

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen**

**Presider:** Alleluia! Christ our Passover is sacrificed for us;

**People:** Therefore, let us keep the feast. Alleluia!

**Fraction Anthem**

**Jesus, Lamb of God**

**Hymnal #S164**

**Presider:** The Gifts of God for the People of God.

*Please let the priest know if you need a gluten free wafer.*

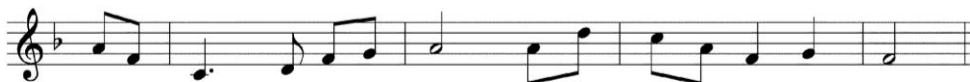
# Communion Hymns

## I Received the Living God

Refrain



I re-ceived the liv-ing God, and my heart is full of joy.



I re-ceived the liv-ing God, and my heart is full of joy.

Verses



1. Je - sus	said:	"I	am	the	Bread	Knead - ed
2. Je - sus	said:	"I	am	the	Way,	And my
3. Je - sus	said:	"I	am	the	Truth;	If you
4. Je - sus	said:	"I	am	the	Life	Far from



long	to	give	you	life;	You	who	will	par - take	of
Fa -	ther	longs	for	you;	So	I	come	to	bring
fol -	low	close	to	me,	You	will	know	me	in
whom	no	thing	can	grow,	But	re -	ceive	this	liv - ing



me	Need	not	ev -	er	fear	to	die."
home	To	be	one	with	him	a -	new."
heart,	And	my	word	shall	make	you	free."
bread,	And	my	Spir -	it	you	shall	know."

D.C.

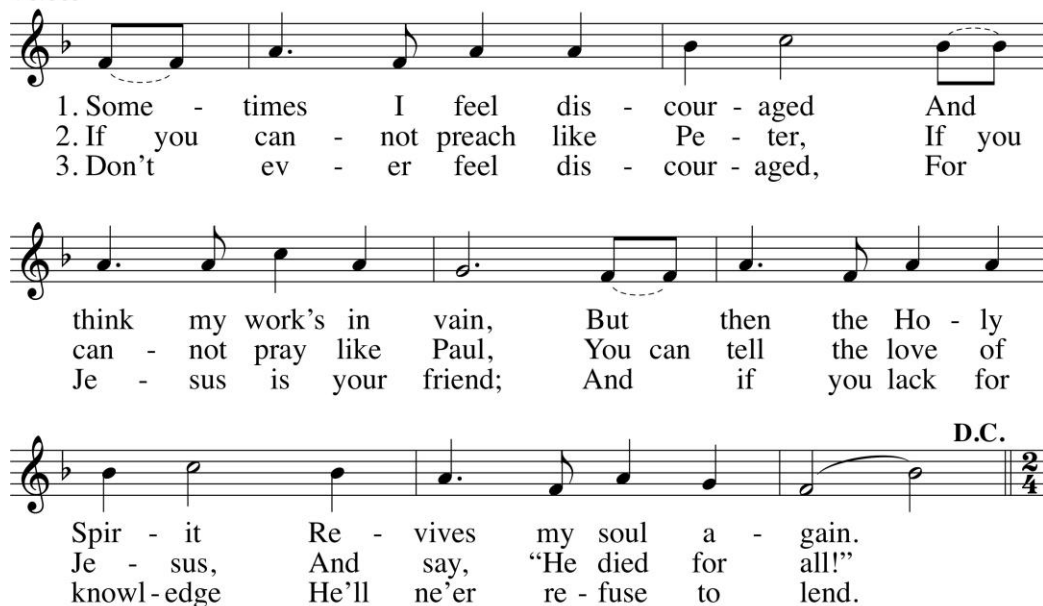
# There Is a Balm in Gilead

## Refrain



There is a balm in Gil - e - ad To  
make the wound - ed whole, There is a balm in  
Gil - e - ad To heal the sin - sick soul.

## Verses



1. Some - times I feel dis - cour - aged And  
2. If you can - not preach like Pe - ter, If you  
3. Don't ev - er feel dis - cour - aged, For  
think my work's in vain, But then the Ho - ly  
can - not pray like Paul, You can tell the love of  
Je - sus is your friend; And if you lack for  
Spir - it Re - vives my soul a - gain.  
Je - sus, And say, "He died for all!"  
knowl - edge He'll ne'er re - fuse to lend.

## **Post Communion Prayer**

Presider: Let us pray

*Please stand*

**People:** Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## **The Blessing**

Presider: The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. **Amen**

**Recessional**                      **Tell Out, My Soul, the Greatness of the Lord**                      **Hymnal #438**

## **Dismissal**

Presider: Go in peace to love and serve the Lord.

**People:** **Thanks be to God.**

**Postlude**                      Toccata in C Major                      Domenico Zipoli

*Please join us in the church lounge for coffee hour. All are welcome!*

# LENTEN INVITATIONS

## **Shrove Tuesday is February 13<sup>th</sup>**

We will be celebrating Shrove Tuesday/ Mardi Gras, Potluck Pancake Dinner Tuesday, February 13<sup>th</sup> at 6PM in the lounge. See the announcement page in this bulletin for details.

## **Ash Wednesday is February 14<sup>th</sup>**

The season of Lent begins on Ash Wednesday. Please join us at either of these services as we begin our Lenten journey.

12:00 p.m. – The Ash Wednesday Liturgy and Imposition of Ashes

7:00 p.m. – The Ash Wednesday Liturgy, Imposition of Ashes, and Holy Eucharist.

## **Forty Days – Forty Items**

Wednesday, February 14 is the first day of Lent. Sue Buckley has a challenge for each of us. See the announcement page in this bulletin for details.

## **Episcopal 101 Begins February 20<sup>th</sup>**

During Lent, Sarah will offer Episcopal 101, a class for adults who wish to be baptized, confirmed, or received into the Episcopal Church. It's also a good introduction for those who are new to the church, and a refresher for those who have been in the church for a while. The class will meet on Zoom on four Tuesday evenings from 7:00 p.m. to 8:00 p.m.

February 20<sup>th</sup> – The Nicene Creed

February 27<sup>th</sup> – Polity: How the Episcopal Church is Governed

March 5<sup>th</sup> – The Book of Common Prayer

March 12<sup>th</sup> – The Eucharist

And on Sunday, March 17<sup>th</sup>, there will be a guided tour of the church after the 10:00 a.m. service.

Participants are encouraged to read on their own Christopher Webber's short book *Welcome to the Episcopal Church*, available on Amazon



# ANNOUNCEMENTS

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**Reading Food Bank:** Drop off on Sunday or during office hours. There is a box in front of the side altar. Needs List: Laundry Detergent, Granola bars, Juice boxes, Syrup, Canned Clams, Paper towels, Market Basket Gift Cards.



**The next in person volunteer day will be Friday, February 2nd, at First Baptist Church, 493 Main St., Malden**

**Volunteers urgently needed.** If you are interested in this volunteer opportunity, contact Sharon and Tony Lopes at 978-710-6927, or via email, [lopesantonio622@gmail.com](mailto:lopesantonio622@gmail.com).

**Bread of Life Sponsors for January:** Jan & Neil Kelly, Tony & Sharon Lopes

## **Smile!**

As part of the "parish profile" being put together by our Rector Search Committee, we would love to get a group picture of as many parishioners as possible. With our Annual Meeting on Sunday, this seems like an ideal time to snap a picture. **After the postlude today, we'd ask folks to remain in the church for just a couple additional minutes so that we can take a picture.** Then, we can all move to the lounge for the Annual Meeting.

For those who sit in the **rear** and **sides** of the church, we'd ask that you move into the main section of pews so that we can fill up as much space as possible.

Camera shy? That's OK! While we would still love to have you in the photo, you'll have time to move to the side to avoid the camera if you choose.

**Annual Meeting:** Our annual meeting is today immediately following the 10am service, in the lounge. Grab some coffee and treats and join us! All are welcome and encouraged to attend.

### ***Shrove Tuesday Pancake Dinner***



**Save the Date:** We will be celebrating Shrove Tuesday/ Mardi Gras, Potluck Pancake Dinner Tuesday, February 13th at 6PM in the lounge. Church will be providing pancakes & bacon and coffee. If you would like to bring something, or just plan to attend, please see the sign up on the bulletin board. We are hoping for at least 60 people if not more. All are welcome to attend.

### **Forty Days – Forty Items**

Wednesday, February 14 is the first day of Lent. I have a challenge for you! Each day of Lent, remove one item from your closet that you no longer wear or need and put it into this trash bag. At the end of the forty days, donate these items to the Bargain Box that can share them with someone who really needs them. There will be a basket in the lounge with a bag for you to use. Susan Buckley.

**The Bargain Box:** The Bargain Box hours are every Friday, 10am-3pm, Saturdays, 10am-1pm. Donations can be dropped off on Wednesdays, from 9am-12pm, or during the store's open hours. The Bargain Box is desperate for donations, so please donate if you can. For more information contact Martha at [jacksnana1@verizon.net](mailto:jacksnana1@verizon.net) or 781-944-6964.

**For Your Prayers This Week:** Rebecca Bellistri, Jennifer Bryson, Kim Chabot, Jennifer Chapman, Joe Field, Pete Jeffrey, Jay Kilpatrick, Gene Kilpatrick, Chick Meech, Rhonda & JB Miller, Mary Muir, Joan Paradis, Margaret Parziale, Greg Powers, Sam Rosendale, Judy Royce, Antonio Santos, Liz Sorrentino, Terry Swanson, Bill Webb.

**Birthdays This Week:** Mark Hank, Bob Sorrentino, Kathryn Ines, John Parsons

**Anniversaries This week:** Paul and Ginny Marlin (73<sup>rd</sup> Anniversary)

**Book of Remembrance:** Andrew Lazar, Bernard Cann, Milton Hill, Virginia Shiebier, Harris Zitzow, Katie Smith, Mary Waye, Jacob Bruce, Imogene Elwell, Marion Leake, Oliver Brown, Barbara Adams, Alana Sophia Livingstone.

**Sanctuary Lamp:** In memory of Deceased members of the Church of the Good Shepherd.

**Altar Flowers:** In memory of Gil and Ginnie Adams, given by their children, Gil, George and Nancy, Ralph and Dorothy Barron, given by Gail and Bob Newton, and my parents, Bob and Lu Howard, given by Susan Hegarty.

**Diocesan Cycle of Prayer:** *Churches of the Boston Harbor Deanery*  
St. John's Church, Charlestown (Boston), St. Mark's Church, Dorchester (Boston), St. Mary's Church, Dorchester (Boston), Epiphany School, Dorchester, The Diocesan Council.

**Today's Lay Ministers in Liturgy:** Lector: Dave McDonald; Ushers: Dave and Edna McDonald; Altar Guild: Sharon Lopes; Flower Delivery: Tony and Sharon Lopes; Lay Eucharistic Minister: Spencer Dalby;

**Medical Emergency:** *If there is a medical emergency during worship, please notify one of our ushers. An AED is located in the hallway, and they have a phone available to dial 911*

# PARISH LEADERSHIP AND CONTACT INFORMATION

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Interim Priest: Rev. Sarah A. Conner  
Alice Johnson Hannon, Music Director  
Jane Farrar, Pastoral Associate  
Jan Kelly, Administrator

## **Office Hours:**

Monday, Wednesday, Thursday  
9:00 AM- 1:00 PM

## **Bargain Box**

Friday, 10:00 AM-3:00 PM  
Saturday, 10:00 AM-1:00 PM

95 Woburn St., Reading, MA 01867  
781-944-1572  
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